

Mountain Ridge High School Color Guard 2024 Winter Guard Contract

Our Mission

The Mountain Ridge High School Color Guard program prides itself on being a space that welcomes all. Our mission is to provide quality instruction, create meaningful relationships, and build life skills for each student.

Instructional Staff

Elliott Ramirez – Color Guard Director: elliott.ramirezrodgers@jordandistrict.org
Veranea Lopez – Varsity Color Guard Tech
Myia Miller – Junior Varsity Color Guard Tech

Cris Stiles – Band Director: cristopher.stiles@jordandistrict.org

Rehearsal Schedule

The tentative season calendar is attached to this form. A digital calendar of rehearsals and competitions can be found on the band calendar located at www.mountainridgebands.org. If rehearsal times or dates change during the season, students and their guardians will be notified through both BAND and email.

Attendance Policy

Since color guard is a team sport, it is important to have the entire team at rehearsal. For absences regarding conflicts that are known in advance (family trip, extracurricular event, etc.), the Absence Request Form must be turned in ONE WEEK before the absence. This also applies to partial absences—arriving more than 30 minutes late or leaving more than 30 minutes early.

Emergencies happen of course! If there is an emergency or sickness that will affect attendance at rehearsal, please notify staff as soon as possible. If emergency absences become common, staff may need to meet with student and parents to help prevent more absences in the future.

After an absence, the student will have ONE WEEK to complete and turn in the Absence Make Up Form. This is to promote accountability and ensure that the student is caught up on anything they may have missed while absent.

MANDATORY PERFORMANCE DATES

February 3rd - Herriman HS
February 10th - Farmington HS
February 24th - American Fork HS
March 2nd - WGI Regional @ Roy HS (Varsity Only)
March 16th - Lehi HS
March 30 - State @ Roy HS

Competition days are full day events. Since we have two teams, their performance times are many hours apart. We will travel to our show sites in the morning, and our bus will not return to high school until late that night. If parents of the junior team students would like to pick their student up from show sites. They must fill out and turn in the Student Release Form before the competition.

A student may NOT miss the rehearsal before a competition. If they do, they risk not being able to perform with the team at the competition.

Participation Fees

Varsity Guard

\$580 due by payment schedule below:

Payment 1: \$100 due December 10, 2023
Payment 2: \$160 due by January 10, 2024
Payment 2: \$160 due by February 10, 2024
Payment 3: \$160 due by March 10, 2024

Junior Guard

\$300 due by payment schedule below:

Payment 1: \$100 due December 10, 2023
Payment 2: \$100 due by January 10, 2024
Payment 3: \$100 due by February 10, 2024

Winter Guard is a self-funded activity. As a result, fees must cover costs for transportation, equipment, instructors, circuit membership, and other program-associated costs. All payments should be paid through Skyward or at the MRHS Main Office.

It is important for us to provide fundraising opportunities to help every student afford to participate in this sport. All fundraisers must be approved by MRHS administration. Once fundraising information is confirmed, it will be sent out to everyone to participate. If students have fundraising balances from previous seasons, they may be carried over and used towards winter guard fees.

Rehearsal Etiquette

Members of the MRHS Color Guard are expected to come to rehearsal prepared to work hard and have a positive attitude. Proper preparation involves holding the team to certain standards at rehearsal.

Come to Rehearsal Prepared

Students must come to rehearsal with all the supplies needed to have a successful rehearsal. Bring a water bottle that holds *at least* 40 oz to EVERY rehearsal. Wear appropriate rehearsal attire—comfortable clothes that you can move freely in (NO JEANS). Bring all supplies and equipment you may need for rehearsal (medications, braces, tape, snacks, etc.)

Take Care of your Body

Students MUST come to rehearsal having eaten enough food to have the physical and mental energy to have a successful rehearsal. Drink plenty of water, get plenty of sleep. Stretch your body on days that you don't have rehearsal. This is a sport, and like any sport, you must properly care for your body to be able to fully participate.

Treat Your Team and Staff with Respect

Students must not be talking or spinning while receiving instruction from a staff member. If there is conflict between members, it should be handled respectfully and involve an adult when necessary. It is not the role of members on the team to critique or correct other members.

Use Appropriate and Kind Language

Students must use appropriate language at rehearsals and when talking about their team. No swearing, bullying, gossiping, or anything of the sort will be tolerated. Students represent their team, and any negative comments about teammates or other teams is not how we represent the MRHS Color Guard program.

Be Accountable for Yourself

Students are responsible for catching up on anything they missed if they are absent from rehearsal. Varsity students are expected to stay on top of their Google Classroom assignments. Staff should be properly notified of any absences beforehand.

MRHS Winter Guard 2024 Calendar

All rehearsals will be at Fort Herriman Middle School from 3:30-6:30 unless otherwise noted

December

Week 1 - December 3-9

JUNIOR SPIN WEEK

12/5-12/7 - 3:30-6:00

Week 2 - December 10-16

Monday: Full Rehearsal

Tuesday: Varsity Rehearsal

Wednesday: Junior Rehearsal

Thursday: Varsity Rehearsal

Week 3 - December 17-23

Monday: Full Rehearsal

Tuesday: Varsity Rehearsal

Wednesday: Junior Rehearsal

Thursday: Varsity Rehearsal

January

Week 1 - January 1-6

Monday: **No Rehearsal**

Tuesday: **No Rehearsal**

Wednesday: Junior Rehearsal

Thursday: Varsity Rehearsal

Week 2 - January 7-13

Monday: Full Rehearsal

Tuesday: Varsity Rehearsal

Wednesday: Junior Rehearsal

Thursday: Varsity Rehearsal

Week 3 - January 14-20

Monday: **No Rehearsal**

Tuesday: **No Rehearsal**

Wednesday: Junior Rehearsal

Thursday: Varsity Rehearsal

Week 4 - January 21-27

Monday: Full Rehearsal

Tuesday: Varsity Rehearsal

Wednesday: Junior Rehearsal

Thursday: Varsity Rehearsal

February

Week 1 - January 28-February 3

Monday: Full Rehearsal

Tuesday: Varsity Rehearsal

Wednesday: Junior Rehearsal

Thursday: Varsity Rehearsal

Saturday: **Competition @ Herriman HS**

Week 2 - February 4-10

Monday: Full Rehearsal

Tuesday: Varsity Rehearsal

Wednesday: Junior Rehearsal

Thursday: Varsity Rehearsal

Saturday: **Competition @ Farmington HS**

Week 3 - February 11-17

Monday: Full Rehearsal

Tuesday: Varsity Rehearsal

Wednesday: Junior Rehearsal

Thursday: Varsity Rehearsal

Week 4 - February 18-24

Monday: Full Rehearsal

Tuesday: Varsity Rehearsal

Wednesday: Junior Rehearsal

Thursday: Varsity Rehearsal

Saturday: **Competition @ American Fork HS**

March

Week 1 - February 25-March 2

Monday: Full Rehearsal

Tuesday: Varsity Rehearsal

Wednesday: Junior Rehearsal

Thursday: Varsity Rehearsal

Saturday: **WGI Regional @ Roy HS (Varsity)**

Week 2 - March 3-9

Monday: Full Rehearsal

Tuesday: Varsity Rehearsal

Wednesday: Junior Rehearsal

Thursday: Varsity Rehearsal

Week 2 - March 10-16

Monday: Full Rehearsal

Tuesday: Varsity Rehearsal

Wednesday: Junior Rehearsal

Thursday: Varsity Rehearsal

Saturday: **Competition @ Lehi HS**

Week 3 - March 17-23

Monday: Full Rehearsal

Tuesday: Varsity Rehearsal

Wednesday: Junior Rehearsal

Thursday: Varsity Rehearsal

Week 4 - March 24-30

SPRING BREAK

Saturday: **State Championships @ Roy HS**

TBD Events to be Scheduled

- Friends and Family Show @ MRHS
- End of Season Banquet
- POSSIBLE rehearsal before State Championships

**Mountain Ridge High School Color Guard
2024 Winter Guard Contract**

Member Name

Grade

Any rehearsal conflicts to be aware of?

Any allergies/health conditions to be aware of?

I confirm that I have read and understand the expectations required to participate in the Mountain Ridge High School Color Guard. I understand the importance of attendance as it relates to my role on my team. I understand that I am expected to show up to rehearsals and shows prepared and with a positive attitude. I am aware of the fees required to participate, and understand I may not be eligible to compete without paying these fees. I understand that I represent MRHS and the MRHS Color Guard with my words and my actions.

Member Signature

Date

Parent/Guardian Signature

Date

Parent/Guardian Email

Phone Number

Return this contract to Elliott Ramirez at your first rehearsal of the season